

Lesson plan

Date:12/1/2022	Class: G2	Teachers: Ian, York
Subject: P.E.	Topic: Tossing	

Instructional language

Stand up, push in your chair, line up, make 3 lines, stay behind the yellow line, stay inside the hula hoop

Target language

Vocab: bean bag, toss(ing), right, left, hula hoop, red, yellow, bucket, fingers, wrist, elbow, arm, high, low, far, near, add, plus, points, adjust

Sentence pattern: I am tossing with my right / left hand. / I am catching with my right / left hand. / __ plus __ is __. / We got __ points.

Functional language

Sit down, please. / Collect your bean bags. / Try to adjust your _____. / One at a time. / Let's say together.

Procedures (steps)

- 1. Introduce hula hoops, bucket, and whiteboards, as well as quick review of adding points in classroom.*
- 2. Proceed to P.E. area and do warm-up routine.*
- 3. Arrange students into 4 teams and practice right hand toss - right hand catch, left hand toss - left hand catch, right hand toss - left hand catch drills.*
- 4. Arrange hula hoops and bucket for each team. Explain*

Desired outcome

- 1. Familiarity with items and understanding of the point system.*
- 2. Practice our class routine to reassure students.*
- 3. Students address and adjust their mechanics.*
- 4. Students compete in a fun manner and practice adding small numbers using English.*

the rules and the point system.

- 5. Teachers use small whiteboards to tally points for each team.*