

Bilingual Lesson Plan 雙語體育教案

School: Shi-Ding Elementary School		Date: Jan. 17 th 2023	Class: 301
Teacher: Wu, Yi-Ting		Subject: P.E.	Topic: Kickball 足壘球
Design Conception 教學設計理念		<ul style="list-style-type: none"> ● To know how to play and basic rules of the game of kickball. ● Apply the skills and techniques used to play the game. ● To learn how to kindly cooperate with team members. 	
Core Competence 核心素養	General Guidelines 總綱	<ul style="list-style-type: none"> ● A2 系統思考與解決問題 ● B1 符號運用與溝通表達 ● C2 人際關係與團隊合作 	
	Subject Guidelines 領綱	<ul style="list-style-type: none"> ● 健體-E-A2 具備探索身體活動與健康生活問題的思考能力，並透過體驗與實踐，處理日常生活中運動與健康的問題。 ● 健體-E-B1 具備運用體育與健康之相關符號知能，能以同理心應用在生活中的運動、保健與人際溝通上。 ● 健體-E-C2 具備同理他人感受，在體育活動和健康生活中樂於與人互動、公平競爭，並與團隊成員合作，促進身心健康。 	
Learning Focus 學習重點	Learning Performance 學習表現	<ul style="list-style-type: none"> ● 1d-II-1 認識動作技能概念與動作練習的策略 ● 2c-II-1 遵守上課規範和運動比賽規則。 ● 3d-II-2 運用遊戲的合作和競爭策略。 ● 4c-II-2 了解個人體適能與基本運動能力表現。 	
	Learning Content 學習內容	<ul style="list-style-type: none"> ● Cb-II-1 運動安全規則、運動增進生長知識。 ● Hd-II-1 守備/跑分性球類運動相關的拋接球、傳接球、擊球、踢球、跑動踩壘之時間、空間及人與人、人與球關係攻防概念。 	
Students' Readiness 學生準備程度		<ol style="list-style-type: none"> 1. Knowing how to throw, catch a ball with both hands. 2. Knowing how to kick a ball with feet. 3. Knowing basic rules of the game of kickball. 	
Learning Objective 學習目標		<ol style="list-style-type: none"> 1. Performs specialized manipulative skills in an applied setting to include throwing, catching, striking, shooting, and passing. 2. Demonstrates responsibility by following rules, making appropriate decisions with proper etiquette, and exhibiting safety and respect for self and others. 	
Timing for Using Chinese/English		Teacher	Student
		1. Classroom English	1. answering questions

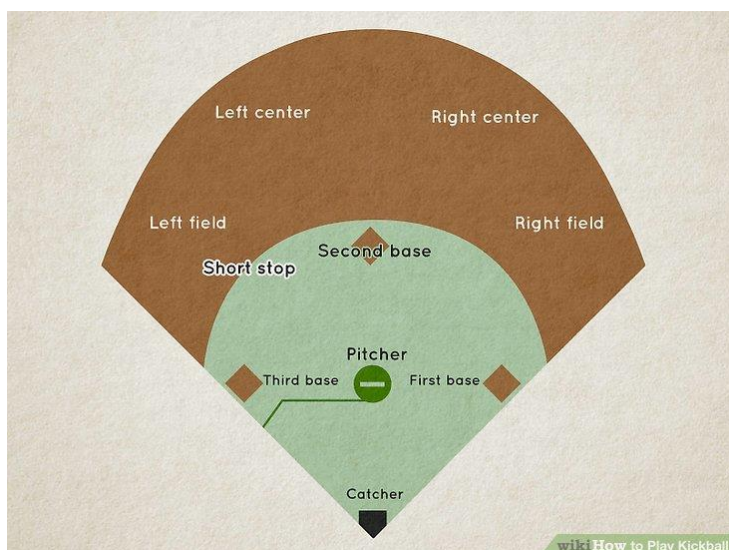
中/英文使用時機	2. questioning or referring to the main aim 3. contexts where students can practice 4. final review of the whole concept 以中文適時說明	2. repeating what the teacher instructs
Teaching Resources 教學資源	Whistle, stopwatch, soft ball, bases (orange and white)	
Assessment Method 評量方法	<ul style="list-style-type: none"> ● performance of basic skills, rule-following ● performance of showing respect to others and self ● class discussion 	

Teaching Procedure 教學流程

Period and Content 內容	Time
Preparation stage 準備階段	
<p>1. Greeting and Introduction, roll calling *Vocabulary and phrases: hello, come here, listen carefully, attention, raise your hand, look at me</p>	1 minutes
<p>2. Warm up (1) running along the white line for 3 circles (2) jumping jack for 30 times (3) warm up activities *Vocabulary and phrases: head, neck, shoulder, waist, knee, ankle, back, forth, jumping-jack, star jumping, stretch out, going down, breath in / out, numbers 1-30.</p>	9minutes
Development stage 1 發展階段 1	
<p>1. Pairing: divide student into 7 groups 2. Review the tips of throwing and catching balls. 3. Practicing three types of throwing and catching over shoulder, bouncing, grounder *Vocabulary and phrases: over shoulder, in the air, bouncing, ground kickball, first/second/third/ home base</p>	8 minutes

Development stage 2 發展階段 2

1. Review the rules of kickball game



2 minutes

2. Simple strategies for playing
3. Divide students into 2 groups, team A and team B
4. Playing kickball game:
limit of time: each team 8 minutes

2 minutes

16 minutes

**Vocabulary and phrases: first, second, third, home, kick, run, pitcher, catcher, out, outside, safe, change, times up, hurry*

Summary Stage 總結階段

1. Discusses performance of today
2. Q&A:
 - (1) How do you feel this lesson?
 - (2) What do those fielders do in the game? How important are the fielders?

2 minutes