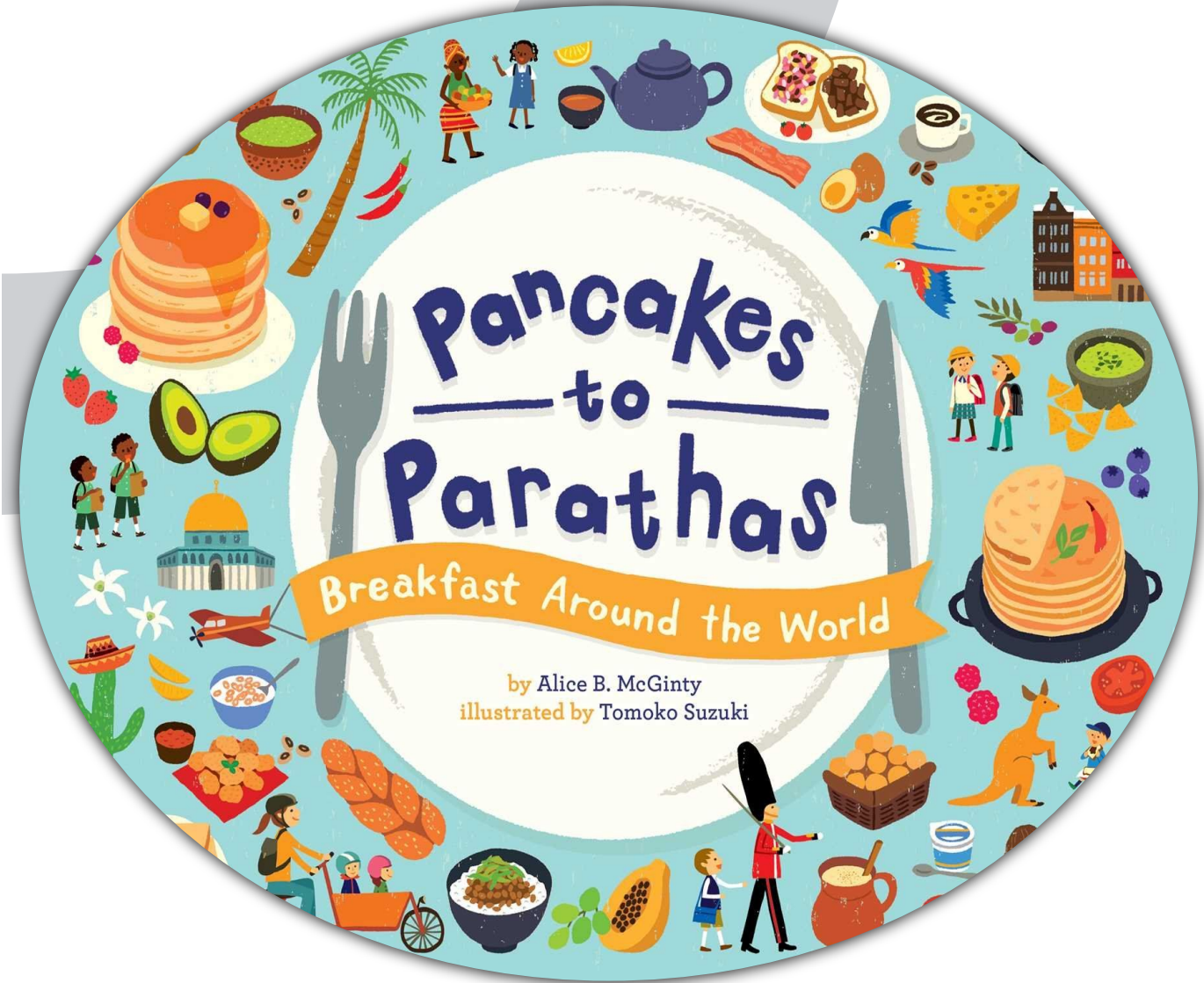


Breakfast around the world



● Warm-up

1. What do you usually eat for breakfast?
2. How much do you usually spend on breakfast?
3. Where do you usually get your breakfast?





Breakfast and its culture



In-class listening

Key words to know!

involve (v) 牽涉; 包含

creative (a) 有創意的

porridge (n) 粥

oatmeal (n) 燕麥

cereal (n) 穀片

cucumber (n) 小黃瓜

scrambled eggs 炒蛋

pickled (a) 醃製的

Pan-fried (a) 平底鍋煎的

tortilla (n) 墨西哥捲餅

churro (n) 吉拿棒

crusty (a) 酥脆的

tostada (n) 西班牙捲餅

dunk (v) 蘸

croissant (n) 可頌

seasonal (a) 當季的

音檔從2:20





India- Poori& Curry
France- coffee& bread
Korea- Kimchi
Japan- Miso soup& Natto





Indian-style breakfast

What is the main ingredient of poori[puri]?
And how is it made? Can you make a guess?

Do you know what ingredients are in curry?
Have you ever thought about how curry is made?

<https://www.youtube.com/watch?v=sHhKyc9w9lw>

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French-style breakfast



Pain Perdu

Making Pain Perdu (ASMR)

<https://www.youtube.com/watch?v=KkMfy3VWqpM>

https://www.youtube.com/watch?v=Os5_aSc1ALY

- [🇹🇼台灣鹹豆漿嚇歪法國人?!🇫🇷 第一次吃早餐食物就嫌棄麵包了🇫🇷 FRENCH PEOPLE TRY OUT TAIWANESE BREAKFAST - YouTube](#)

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Korean-style breakfast

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1. What's your impression of Korean food?
2. Have you ever tried any of the Korean food? How do you like it?

Features of Korean breakfast

1. Eat at home no matter what.
2. No kimchi, no life!
3. Banchan(飯饌) full of table.

Things about kimchi

1. Salted + Fermented
2. More than 800 kinds
3. Vegetables and seafood
- 4. Consume 1.25 million tons



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Japanese-style breakfast

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1. Name some Japanese food that comes to your mind now.
2. Have you ever tried any of the Japanese food? How do you like it?

Miso soup & Natto

https://www.youtube.com/watch?v=MkvPi7ge_a4

納豆其實很好吃??



Your Turn

超級任務！如果一位外國友人問起：你早餐吃什麼？♥

1. 記錄你的早餐。範例：<https://reurl.cc/5llo5v>
2. 查出他的英文說法
3. 描述你的早餐的外觀、食材、口感、味道
4. 說明你通常的用餐情境，以及為何會吃那些食物。

Take-home Assignment:
Make a Vlog
about your breakfast



More Interesting Videos

1. 早餐繪本Pancakes to Parathas: Breakfast Around the World
https://www.youtube.com/watch?v=i_xGPr5y16o
2. 被台灣早餐文化嚇到的韓國阿嬤們(韓勾ㄟ金針菇)
<https://reurl.cc/oLL8yq>
3. 美國哥哥第一次吃台灣早餐(LoganDBeck 小貝)
<https://reurl.cc/Mvv3Xv>
4. 12道好吃早餐食譜！CP值高到離開地球表面！
<https://reurl.cc/V66Ynb>