**Keelung Jian De Junior High School Bilingual Lesson Plan**

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| Domain/subject | | Physical education | | | Teacher | Joel(楊耀中) | |
| Grade Level | | 9 | | | Time | 45 minutes | |
| Session | | second | | | Total number  of sessions | 4 | |
| Unit | | volleyball - spike | | | | | |
| Learning  Focuses | Learning Performance | | 1c-IV-1 Be able to understand the principles and rules of sports.  3d-IV-2 Be able to use strategies in sports competitions. | | | | |
| Learning Content | | Hb-IV-1 offensive-defensive actions and strategies in ball games. | | | | |
| Core competency | | | 1. Spontaneity   ■A1 Physical and Mental Wellness, and Self-Advancement  □ A2 Logical Thinking and Problem Solving  □ A3 Planning, Execution, Innovation, and Adaption   1. Communication and Interaction   □ B1 Semiotics and Expression  □ B2 Information and Technology Literacy and Media Literacy  □ B3 Artistic Appreciation and Aesthetic Literacy   1. Social Participation   □ C1 Moral Praxis and Citizenship  ■C2 Interpersonal Relationships and Teamwork  □ C3 Cultural and Global Understanding | | | | |
| Issue integrated | | | none | | | | |
| Teaching material | | | Revise from the textbook | | | | |
| Teaching aid | | | Whistle, whiteboard, volleyball, disc cone, notice board. | | | | |
| Teaching goal | | | 1. Students know the rules of volleyball. 2. Students know the skills of volleyball. 3. Cultivate team spirit. | | | | |
| Teaching activity design | | | | | | | |
| procedure | | | | activity | | | time |
| **1** | preparation | | | 1. Warm up : Run 3 laps court and stretch body . 2. Exercise :   (1)Push up - boy 15, girl 10.  (2)Jumping Jack - 30 seconds. | | | 15  mins |
| **2** | presentation | | | 1. Introduce volleyball and English vocabulary. 2. Demonstrate spike skills. 3. Personal training 4. Team training -   (1) four people a ball, use spike skill to pass the ball.  (2) Two lines, boys a team, girls a team, one person be a setter, practice spike with setter. | | | 22  mins |
| **3** | activity | | | 1. I am a spiker   **Game** - Two teams line up. Each player serves and spikes the ball to hit a target. The team with the highest score wins.  2. Feedback and review. | | | 8  mins |
| References  <https://www.ctvba.org.tw/>  <https://www.fivb.com/> | | | | | | | |