**Keelung Jian De Junior High School Bilingual Lesson Plan**

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| Domain/subject | Physical education | Teacher | Joel(楊耀中) |
| Grade Level | 9 | Time | 45 minutes |
| Session | second | Total numberof sessions | 4 |
| Unit | volleyball - spike |
| Learning Focuses | Learning Performance | 1c-IV-1 Be able to understand the principles and rules of sports.3d-IV-2 Be able to use strategies in sports competitions. |
| Learning Content | Hb-IV-1 offensive-defensive actions and strategies in ball games. |
| Core competency | 1. Spontaneity

■A1 Physical and Mental Wellness, and Self-Advancement□ A2 Logical Thinking and Problem Solving□ A3 Planning, Execution, Innovation, and Adaption1. Communication and Interaction

□ B1 Semiotics and Expression□ B2 Information and Technology Literacy and Media Literacy□ B3 Artistic Appreciation and Aesthetic Literacy1. Social Participation

□ C1 Moral Praxis and Citizenship■C2 Interpersonal Relationships and Teamwork□ C3 Cultural and Global Understanding |
| Issue integrated | none |
| Teaching material | Revise from the textbook |
| Teaching aid | Whistle, whiteboard, volleyball, disc cone, notice board.  |
| Teaching goal | 1. Students know the rules of volleyball.
2. Students know the skills of volleyball.
3. Cultivate team spirit.
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| Teaching activity design |
| procedure | activity | time |
| **1** | preparation | 1. Warm up : Run 3 laps court and stretch body .
2. Exercise :

(1)Push up - boy 15, girl 10.(2)Jumping Jack - 30 seconds.  |  15mins |
| **2** | presentation | 1. Introduce volleyball and English vocabulary.
2. Demonstrate spike skills.
3. Personal training
4. Team training -

(1) four people a ball, use spike skill to pass the ball.(2) Two lines, boys a team, girls a team, one person be a setter, practice spike with setter. |  22mins |
| **3** | activity | 1. I am a spiker

**Game** - Two teams line up. Each player serves and spikes the ball to hit a target. The team with the highest score wins.2. Feedback and review. |  8mins |
| References<https://www.ctvba.org.tw/><https://www.fivb.com/> |