

雙語體育 說課

TRACK&FIELD - RELAY RACE

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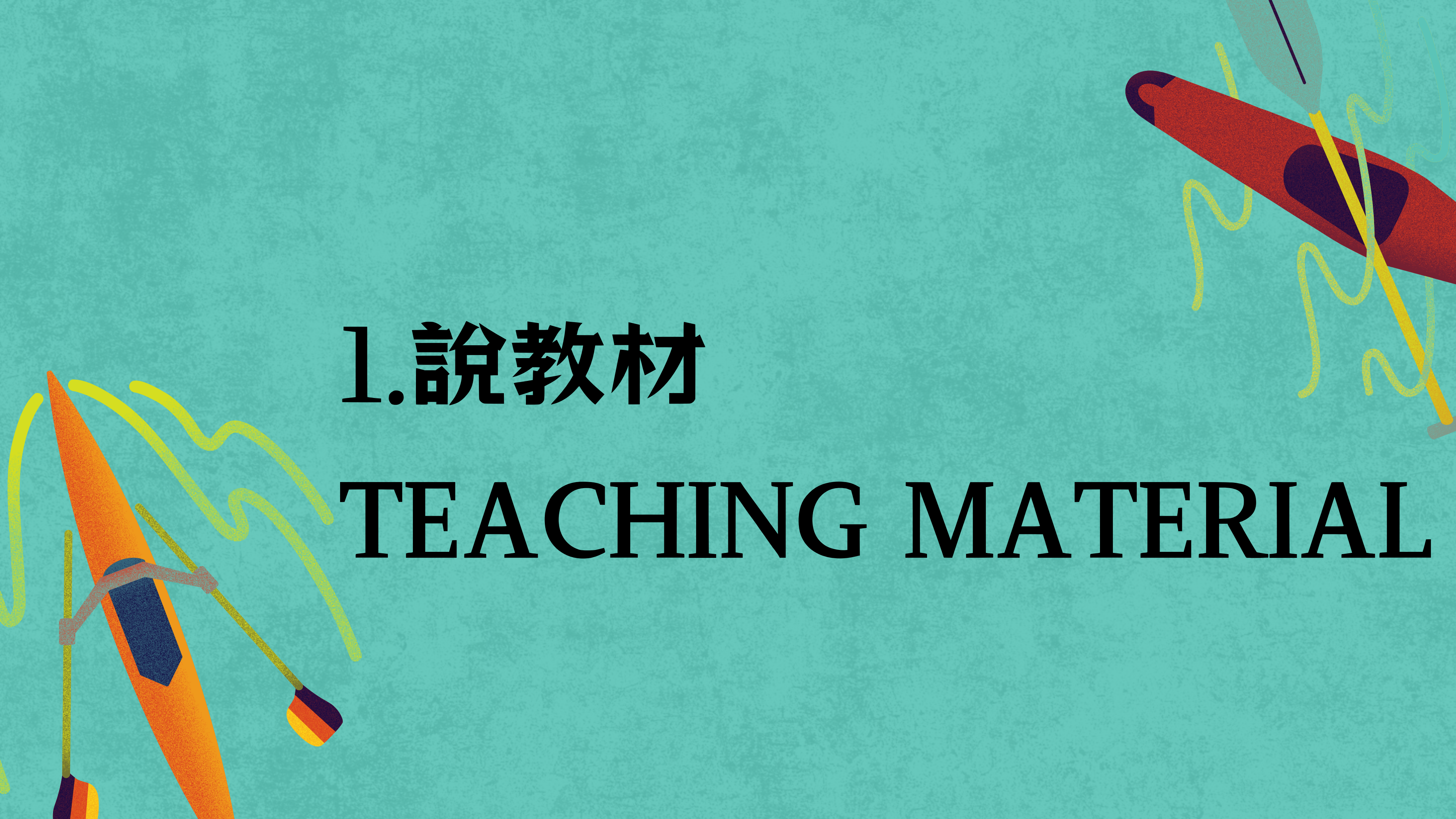
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1.說教材

TEACHING MATERIAL

教材分析

Teaching material

教材來源：自編教材

單元名稱：田徑-接力

單元節數：共三節課

授課節數：第一節



設計理念

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instrucrional

田徑接力賽，強調團隊合作。本課程藉由教師引導學生了解與認識田徑接力的基礎概念，透過分組練習，培養學生相互合作與他人和諧互動的素養，強調各成員間的默契與協作，來完成接力賽事。透過比賽的形式中，能增強學生參與活動的意願。

教學目標

Teaching aims

- **學生能夠理解接力賽的基本規則與技巧。**
- **學生能夠正確掌握傳接棒技巧。**
- **學生能夠正確掌握助跑距離。**
- **學生能夠尊重他人、相互合作，完成接力競賽，並培養團隊精神。**



2. 說教法

TEACHING METHODS

學生準備度

Students' Readiness

學科準備度 Readiness of Domain/Subject

- Ss know the simple rules of track and field running.
- Ss can perform simple running movements.
- Ss have experience of discussing with others teamwork and groups.

英語準備度 Readiness of English

- Ss know how to use simple phrases for greetings.
- Ss understand simple instructions for movement.

中/英文 使用時機

Timing for Using Chinese/ English

教師 Teacher

- T greeting students.
- T instruction for movement.
- T explaining rules of activities.
- T managing the classroom.

學生 Student

- Ss answer the teacher's questions.
- Ss do the activities.



3.說教學流程



TEACHING PROCEDURE

準備階段

Preparation stage

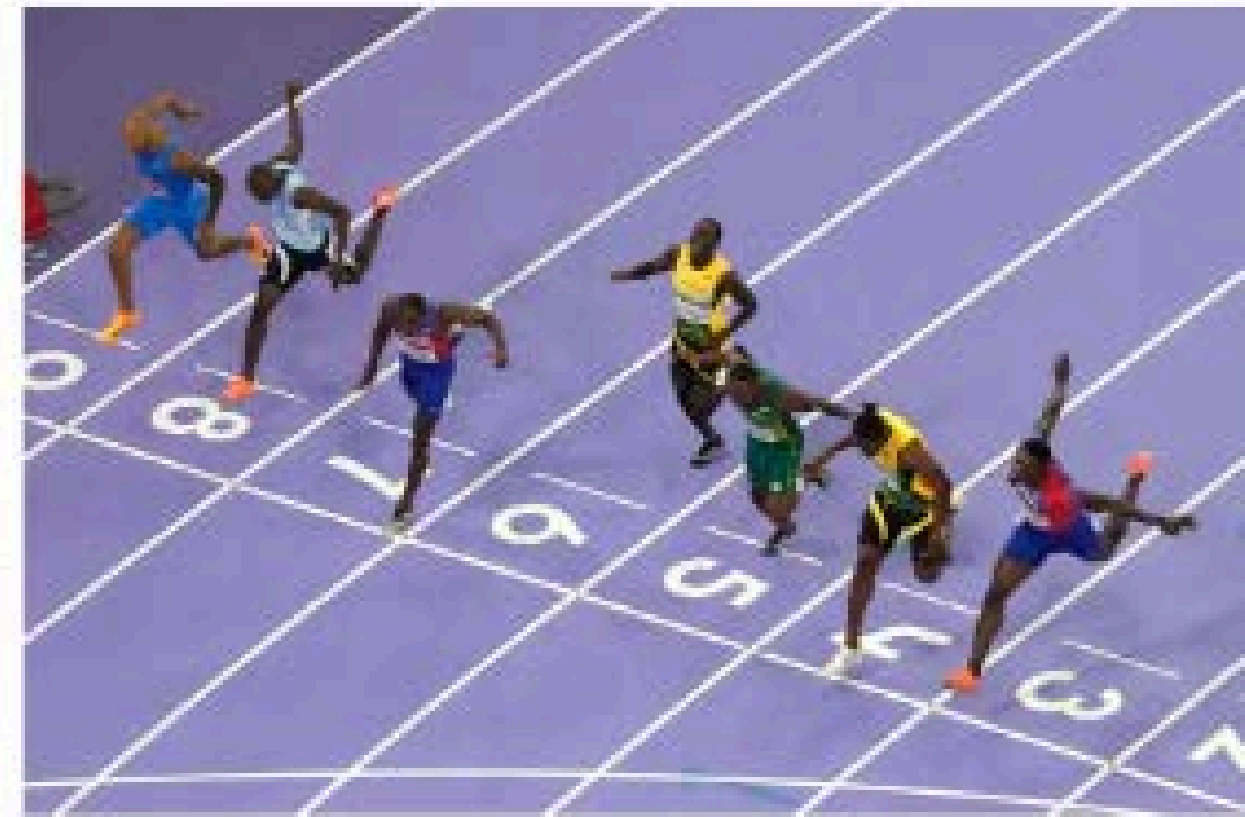
1. Warm up

2. Guessing game

(What kind of sports player am I?)

3. Track&field

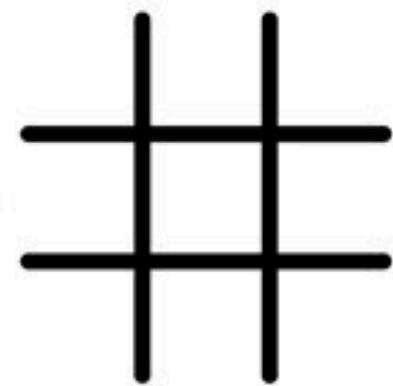
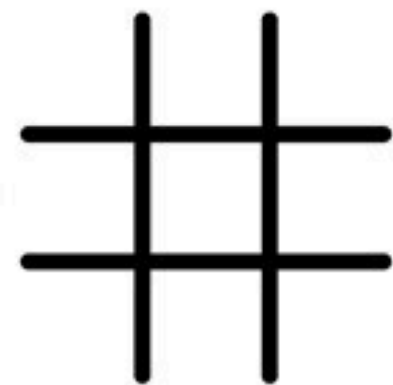
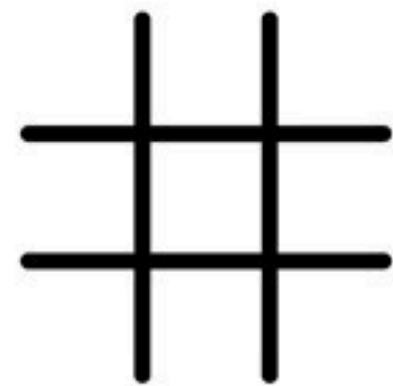
(Do you know anything about track&field?)



發展階段

Development stage

1. Ss answer “What do you think is the most important key about a relay race?”
2. T teaching how to do downsweep.
3. Practice in groups. (We have six groups.)
4. Activity for the relay race about tic-tac-toe.



總結階段

Summary stage

1. Do you remember what we learned today?
2. Downsweep: four key words
(1) Stay. (2) Thumb. (3) Up. (4) Downward.
3. Cheers and dissolution.

4. 說課總結

CONCLUSION



學生課堂表現

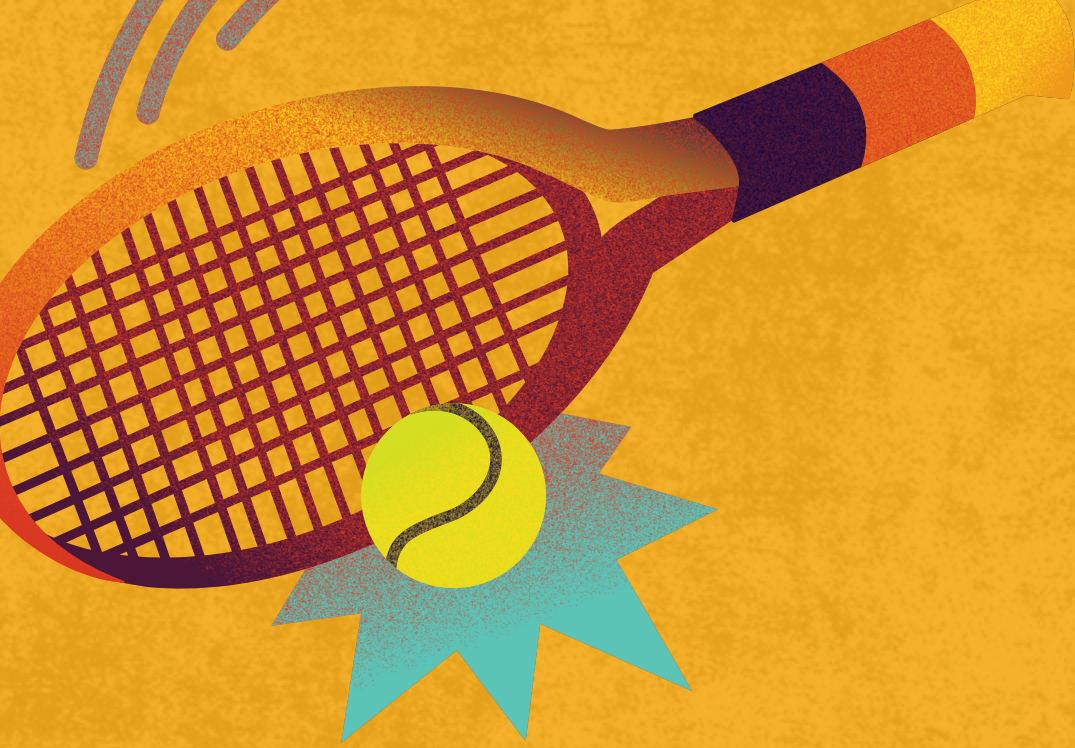
學科

- 是否能積極投入參與課堂活動?
- 是否能與同儕合作進行活動

英文

- 能否聽懂老師所下達的英文指令?
- 能否了解老師的問題?以英文回應?





THANKS FOTR LISTENING

